

GENERAL PACKING LIST

PREPARING TO TRAVEL

Packing Tips

- The #1 rule while packing is less is more. You will be responsible for handling your own luggage to/from airports and in/out of hotels.
- Pack an extra change of clothes in your carry-on in case your checked luggage is delayed.
- REMINDER: You can only take small bottles of 3.4oz or less of all liquids in your carry-on luggage (i.e. toiletries).
- Be sure to have identification on each piece of luggage including the JE luggage tag for easy identification.

Weather: The weather forecast is always changing. Make sure to check the weather for the cities you will visit as you pack so that you can be prepared!

THINGS TO BRING

- Shirts for each day
- Pants & shorts
 - *JE tip: You can wear pants more than once without needing to wash them. Bring a few options to save space instead of bringing a pair for each day.*
- Layered clothing & jackets
- Light rain jackets and/or umbrella
- Comfortable walking shoes
 - *JE tip: If you choose to buy new shoes for the trip, purchase them at least a month beforehand and wear them enough to break them in to avoid blistering on the trip.*
- Glasses or extra contacts
- Toiletries & prescription medications
- Power converter & adaptors (see electrical notes below)
- Phone charger cords & a portable phone charger
- Sun screen, hat & sunglasses
- An appropriate swimsuit
- Journal, Bible & pens
- A good book or card games for plane rides
- Plastic bag for dirty clothes
- A daily bag/backpack to carry water/snacks/souvenirs throughout the day

Passport Note: DO NOT pack your passport in your checked luggage! You will need it in-hand when you check in at the airport and when you arrive on international trips. Also, bring a copy of your passport just in case.

Electrical: The majority of Europe/the EU uses 110 volts to 220 volts at 50 or 60 hertz. You will need to bring a plug adaptor as shown below. A power converter is also strongly recommended for needed electronics to properly charge & use electronic devices abroad. (Combo adaptor/converters can be purchased from common online marketplaces like Amazon.)